

BREBEUF ATHLETICS

| <u>Sport</u> | <u>Summer</u> | <u>In-Season (specific dates listed when you register at familyid.com)</u> | <u>Off-Season</u> |
|----------------------------------|---|--|---|
| Baseball | Incoming Freshman June & July: open field 1 day/week and travel team; Sophomore - Senior June & July: Travel team | March-June | September-October: Open Field 3 days/week; November - March: Open Gym 3 days/week |
| Basketball - Boys | June: Open Gym and games 3-6 days/week; July: AAU and Open Gym 2-4 days/week | November-March | September - November Open Gym |
| Basketball - Girls | June: Open Gym and games 3-6 days/week; July: AAU and Open Gym 2-4 days/week | October-February | August-October Open Gym |
| Bowling - Boys & Girls | Open Bowl | September-January | February-May: Open Bowl |
| Cheerleading | June: Camp and train 4 days/week; July: Practice 2-3 days/week | August-March | April: Tryouts |
| Crew | Indiana Rowing Center | August-October, March-May | Indiana Rowing Center |
| Cross Country - Boys & Girls | June & July: Train 6 days/week | August-October | October-June: Train 6 days/week |
| Dance | June & July: 2 days/week; July & August: 1 weekend of choreography | August-March | April: Tryouts |
| Football | June: Train 4 days/week; July: Lift and Practice 4 days/week | August-November | December-June: Train 4 days/week |
| Golf - Boys | June & July: Junior Tournaments | March-June | August-March: Train 4 days/week |
| Golf - Girls | June & July: Junior Tournaments | July-September | September-June: Train 4 day/week |
| Gymnastics | Club | November-February | March - June: Club |
| Hockey | Open Ice | September-March | April: Tryouts, May: Train 4 days/week |
| Lacrosse - Boys | June & July: Club practice and games 2-4 days/week | February-June | August-February: Indoor League, Open Field, and Train 4 days/week |
| Lacrosse - Girls | June & July: Club practice and games 2-4 days/week and 7v7 1 day/week | January-June | October: 7v7 1 day/week and Open Field 1 day/week; January: Open Field 1 day/week |
| Soccer - Boys | June & July: Club and Open Field 3 days/week | August-October | November-June: Club |
| Soccer - Girls | June & July: Open Field 3 days/week | August-October | November-June: Club |
| Softball | Travel Team | March-June | August-October: Open Field 2 days/week; November-March: Open Gym 2 days/week |
| Swimming & Diving - Boys & Girls | Club | October(Girls)/November(Boys)-February | March-October: Club and Train 4 days/week |
| Tennis - Boys | June & July: Open Court 3 days/week, Private Lessons | August-October | November-June: Private Lessons & Train 4 days/week |
| Tennis - Girls | Private Lessons | March-June | August-March: Private Lessons and Train 4 days/week |
| Track & Field - Boys & Girls | Club | February-June | August-February: Train 4 days/week |
| Ultimate Frisbee | June & July: Open Field 2-3 days/week | March-June | August-March: Open Field 2 days/week and Train 4 days/week |
| Volleyball - Boys | Club | January-May | August-December: Club and Open Gym 2 days/week |
| Volleyball - Girls | June: Club and Open Gym 1-2 day/s week; July: Open Gym 2-3 days/week | August-November | November-June: Club |
| Wrestling | Club | October-February | March-June: Club |

*All student-athletes are expected to train in the Wellness Center with our Strength & Conditioning Coach, Joel Clem, 4 days/week in the off-season and 2 days/week in-season. If you have any questions, please contact Ted Hampton, Athletic Director, at tahampton@brebeuf.org